

Congratulations on 30,000 Dementia Friends in Minnesota!

Congratulations, my friends, my Dementia Friends. I am Karla Hult, journalist with Kare 11, founder of So Many Goodbyes and host of the Hello Alzheimer's podcast. And I am so honored to greet all of you as we collectively celebrate this incredible milestone.

Minnesota has just reached its 30,000 Dementia Friends. What a beautiful achievement and none of this would be possible without the dedication, passion and hard work of all of you. Our amazing volunteer Dementia Champions. You have helped people throughout the state and reach people from all walks of life, from churches, to book clubs, college campuses, to Girl Scouts, government employees, to community groups. You have touched so many lives.

As a daughter of an amazing man who finished his Alzheimer's marathon just a few years ago, I want to say thank you. This outreach, this education, this support is making a difference in our community. Thank you for being a Dementia Friend and congratulations again on this incredible achievement. Thanks for watching!